

The unity of body, mind and soul

"And God created man in his own image, in the image of God he created him, and created them male and female." (1 Genesis 1, 27)

God created man according to his nature, his conscience and his shape. Therefore, man can identify himself as being different from other beings. These are aspects which no other creature on earth has. Therefore, man is the crown of creation.

Just as God is Lord of all being, the soul is master of the body and the mind. The mind is the overall awareness of God. He reveals to us the wholeness of creation and the nature of "I am that I am."

The soul is the unchanging, eternal part of man. Through these three aspects we are united with our Creator forever. The Spirit, being the indwelling power of God, serves the communication of souls to each other and is connecting all matter with the fullness of creation. The living soul serves as a source of strength to the body and the mind.

As a Christian I believe in Jesus Christ, who is the life for me.

"I am the resurrection and the life. He who believes in me will live, even though he dies." (John 11: 25)

Jesus Christ is eternal life. A Christ-conscious man will continue to live after his death. Body, mind and soul as a unit - this is the connection of all people and living creatures with God.

Love is God's essence and expression in creation. It is the living power of the Holy Spirit that unites and preserves all of creation. Through it we are able to experience God's presence and to realize to be consciously one with Him forever.

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