

## About Compassion

Already in the womb the unborn baby feels the mothers pulse, her feelings and movements, thus taking part in the world it wants to experience and live to see.

A world, full of expression and emotion, which will essentially form the Childs perception in later life.

Inner certainty, trust and most of all compassion are fundamental building blocks of our life. Motherly love and care are main contributions to a childs development towards becoming a strong and self-conscious human being. It is selfless motherly love, which cares for a childs well-being day by day. How much will our heavenly father accompany and please us with his love and caring? Compassion is a divine virtue, essential expression of love. This love and caring is the power of God in our hearts, even in our soul. This alone is true life, eternal and all pervading.

In the Bible it is written: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud" (1.Cor. 13,4)

Love is giving itself away freely. Love is the aim of our life, compassion a milestone on this precious journey. As we live this selfless love, we are decided not to hurt anyone, to act non-violently and to serve lovingly. In this way compassion helps us to overcome selfishness step by step and to become followers of Christ.

A compassionate man sees himself as part of the one living body in Christ. In the Bible it is written: "If one part suffers, every part suffers with it; if one part is honored, every part rejoices with it." (1.Cor.12, 26)

A man, being ready to serve selflessly, to help others in need and to meet them with respect, is compassionate and expressing love. He has found his true home in the love of Christ.

May the loving God give us strength to develop compassion in our lives.  
May we love ourselves and our fellowmen, led by compassion, to realize and experience the love of our heavenly father in eternity.

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