

## **From dream to reality**

An exciting journey begins with the birth of each person. Consciously living man will recognize and experience different levels of awareness on this trip. He dreams, sleeps, wakes up and is finally merged in God's great love. The word dream contains the word space and the sound of A-U-M.

*"There are many kinds of voices in the world, and none of them is without sound."*  
(1.Kor 14.10)

In the dream, we see animated images and experience stories with intense feelings. When we awaken from the dream, we can remember only partially what we have experienced. Man is experiencing his inner world, which is marked by countless thoughts, feelings and sensations. All of these positive and negative impressions are part of our dreams. Only a few people are able to perform conscious actions while being in the dream state. The human mind subconsciously shapes and designs images to actions while dreaming, like in an exciting movie. On the other hand, almost everyone wants a peaceful and nourishing sleep with beautiful and harmonious dreams. Sleep like this is possible when a person learns to stay in the presence of God while being awake and if he reduces his wishes and concerns.

*"Therefore ye shall not worry, and say: what will we eat?" What are we to drink?  
"What shall we wear?"* (Matth.6:31)

By living consciously and carefree, trusting in God's guidance and God's presence, I will experience a sphere of peace and harmony in God's creation.

*"I run in the path of your commands, for you have broadened my understanding."*  
(Psalm 119:32)

The alignment and the relaxation in God's presence will enable us to hear God's Holy sound of love and peace. This sacred sound is the sweetness in his creation that moves, nourishes and revives us. This sound is the pulsating, vibrant force in all beings. This alone is God's expression and the spirit of God in all that is and will be. God's creation and God's nature are an expression of his love. The way of love is the way of living consciously in the imitation of Christ, the way out of darkness into the light. If we are willing to walk with God and in His presence, our dream will be turned into an enlightened heavenly realm, filled by the sound of Gods voice.

Willibald