

## **What is the meaning of my life?**

We humans are able to know ourselves by our self-consciousness. From birth we carry a name to distinguish ourselves from our fellow humans. Even God has revealed his name to us:

*"And Moses said unto God, Behold, when I come unto the children of Israel, and say unto them, The God of your fathers has sent me to you, and they will ask me: What is his name? - What shall I say unto them?"*

*God said to Moses, "I am who I am! And he said, Thus shalt thou say unto the children of Israel, saying : "I am", he is the one who sent me to you " ( 2.Mose 1.13 ) .*

The unconscious man draws his sense of identity from his ego. This ephemeral construct is an illusion, because the core of man is not his ego but his soul. That alone is the eternal, divine part of man according to God's nature .

God alone lives and creates, gives growth and decay and moves the world, like the waves of the sea. Man can perceive God at work in nature, inside of himself and his neighbor.

God's nature is love, he is like a subservient mother, who protects and cares for her children with all her heart.

All beings live and act in God's hands. In his house you will live carefree. The joy of recognizing an infinite God will lead us to gratitude and to charity.

*"Jesus said (...) , I am the resurrection and the life. He who believes in me will live, even though he dies." (Jn 11:25)*

The realization that Christ is the resurrection and the life in me, makes me love life in all its expressions. God's love is creation itself. As I am serving this creation, I will serve God. Thus I will serve all creatures, including myself. Thus my life as well as yours will find significance in God's creation .

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